



## Schedule for April 2009

www.simplykidz.co.uk  
01733 315757  
info@simplykidz.co.uk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>06</b> <b>Weaning Workshop</b> 10am—11am  <b>Baby Massage</b> 11am— 12noon	<b>07</b>  <b>Walkers 9.15—10.30am</b> Newborn 10.30-11.45am R&S 10.30am-11.45am C&C 11.45am—1pm	<b>08</b> <b>Baby Yoga <i>taster</i></b> <b>session 10.30—11.30am</b>	<b>09</b> Simply Social 10— 11.30am Clothes & Toy swap Shop  Simply Bumps 1—2pm	<b>10</b>  <b>Walkers 9.45—11am</b> Newborn 11.15—12.30 R&S 11.15am—12.30 C&C 12.45am—2pm	<b>11</b>	<b>12</b>
<b>13</b> <i>Bank Holiday</i>	<b>14</b> Pregnancy Yoga <i>taster</i> <i>session</i> 12.30—1.30pm	<b>15</b> <b>Baby Yoga 10.30—</b> <b>11.30am</b>	<b>16</b> Simply Social 10— 11.30am Music Session Simply Bumps 1—2pm NCT Antenatal 7.30pm— 10pm	<b>17</b>  <b>Walkers 9.45—11am</b> Newborn 11.15—12.30 R&S 11.15am—12.30 C&C 12.45am—2pm	<b>18</b> Bonkers Show—East of England 10am—4pm  IVF/Adoption/Foster Social group 10am— 12noon	<b>19</b> Bonkers Show—East of England 10am—4pm  HypnoBirthing 1pm-4pm
<b>20</b> <b>Baby Massage</b> 11am— 12noon	<b>21</b>  Newborn 2—3pm R&S 2—3pm C&C 3—4pm <b>Walkers 4—5pm</b>	<b>22</b> <b>Baby Yoga 10.30—</b> <b>11.30am</b>	<b>23</b> Simply Social 10— 11.30am Simply Bumps 1—2pm NCT Antenatal 7.30pm— 10pm	<b>24</b> Pregnancy Yoga <i>taster</i> <i>session</i> 12.30—1.30pm	<b>25</b> <b>BABY RACING</b> <b>2.30pm—4.30pm</b>	<b>26</b> <b>Dads Messy Play</b> 10—12 noon  HypnoBirthing 1pm-4pm
<b>27</b> <b>Park 'n' Shop—all day</b>  <b>Baby Massage</b> 11am— 12noon	<b>28</b>  Newborn 2—3pm R&S 2—3pm C&C 3—4pm <b>Walkers 4—5pm</b>	<b>29</b> <b>Baby Yoga 10.30—</b> <b>11.30am</b> Pregnancy Yoga 12.30— 1.30pm	<b>30</b> Simply Social 10— 11.30am <b>Usbourne Books</b> Simply Bumps 1—2pm NCT Antenatal 7.30pm— 10pm	<b>01 May</b> <b>Messy Play</b> 0-14mths : 10—12 noon 14mths+ : 2pm-4pm	<b>02 May</b> IVF/Adoption/Foster Social group 10am— 12noon	<b>03 May</b> <i>Bank Holiday</i>



## Schedule for May 2009

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>04</b>  <i>Bank Holiday</i>	<b>05</b>  Newborn 2—3pm R&S 2—3pm C&C 3—4pm <b>Walkers 4—5pm</b>	<b>06</b> <b>Baby Yoga 10.30—11.30am</b> Pregnancy Yoga 12.30—1.30pm	<b>07</b> Simply Social 10—11.30am  Simply Bumps 1—2pm	<b>08</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>09</b> Simply Snaps Photography Open house session 9am—2pm	<b>10</b> Dads Group 10—11am Dads & Tots 11am—noon
<b>11</b> <b>Baby Massage 11am—12noon</b>	<b>12</b>  Newborn 2—3pm R&S 2—3pm C&C 3—4pm <b>Walkers 4—5pm</b>	<b>13</b> <b>Baby Yoga 10.30—11.30am</b> Pregnancy Yoga 12.30—1.30pm	<b>14</b> Simply Social 10—11.30am Cookie making for Breast Feeding Awareness Simply Bumps 1—2pm NCT Antenatal 7.30pm—10pm	<b>15</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>16</b> IVF/Adoption/Foster Social group 10am—12noon	<b>17</b> Dads Group 10—11am Dads & Tots 11am—noon
<b>18</b> <b>Baby Massage 11am—12noon</b>	<b>19</b>  Newborn 2—3pm R&S 2—3pm C&C 3—4pm <b>Walkers 4—5pm</b>	<b>20</b> Pregnancy Yoga 12.30—1.30pm	<b>21</b> Simply Social 10—11.30am Simply Bumps 1—2pm NCT Antenatal 7.30pm—10pm	<b>22</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>23</b> NCT Antenatal 9.30am—4pm	<b>24</b> NCT Antenatal 9.30am—4pm
<b>25</b>  <i>Bank Holiday</i>	<b>26</b>  Newborn 2—3pm R&S 2—3pm C&C 3—4pm <b>Walkers 4—5pm</b> NCT Antenatal 7.30pm—10pm	<b>27</b> <b>Baby Yoga 10.30—11.30am</b> Pregnancy Yoga 12.30—1.30pm	<b>28</b> Simply Social 10—11.30am Simply Bumps 1—2pm NCT Antenatal 7.30pm—10pm	<b>29</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>30</b> Busy Parents Class 9.30am—10.30am  IVF/Adoption/Foster Social group 10am—12noon	<b>31</b> Dads Group 10—11am Dads & Tots 11am—noon



## Schedule for Jun 2009

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01 Baby Massage 11am—12noon	02 Messy Play 10am—12 noon	03 Baby Yoga 10.30—11.30am Pregnancy Yoga 12.30—1.30pm	04 Simply Social 10—11.30am Simply Bumps 1—2pm	05 Messy Play 10am—12 noon	06 Busy Parents Class 9.30am—10.30am	07 Dads Group 10—11am Dads & Tots 11am—noon
08 Baby Massage 11am—12noon	09  Walkers 9.30—10.30am Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	10 Baby Yoga 10.30—11.30am	11 Simply Social 10—11.30am Simply Bumps 1—2pm	12  Walkers 9.30—10.30am Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	13 Busy Parents Class 9.30am—10.30am IVF/Adoption/Foster Social group 10am—12noon	14 Dads Group 10—11am Dads & Tots 11am—noon
15 Weaning Workshop 10am—11.30am	16  Walkers 9.30—10.30am Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	17 Baby Yoga 10.30—11.30am Pregnancy Yoga 12.30—1.30pm	18 Simply Social 10—11.30am Simply Bumps 1—2pm	19  Walkers 9.30—10.30am Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	20 Busy Parents Class 9.30am—10.30am	21 <i>Father's Day</i>
22 Baby Massage 11am—12noon Park 'n' Shop—all day	23  Walkers 9.30—10.30am Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	24 Baby Yoga 10.30—11.30am Weaning Workshop @ Wer- rington Sports Centre 11.30am Pregnancy Yoga 12.30—1.30pm	25 Simply Social 10—11.30am Simply Bumps 1—2pm	26  Walkers 9.30—10.30am Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	27 Busy Parents Class 9.30am—10.30am IVF/Adoption/Foster Social group 10am—12noon	28 Dads Group 10—11am Dads & Tots 11am—noon
29 Baby Massage 11am—12noon	30  Walkers 9.30—10.30am Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	01 July Baby Yoga 10.30—11.30am Pregnancy Yoga 12.30—1.30pm	02 July Simply Social 10—11.30am Simply Bumps 1—2pm	03 July  Walkers 9.30—10.30am Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	04 July Busy Parents Class 9.30am—10.30am	05 July Dads Messy Play 10—12 noon



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<b>06</b> <b>Weaning Workshop</b> 10am—11am  <b>Baby Massage 11am—12noon</b>	<b>07</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>08</b> Pregnancy Yoga 12.30—1.30pm	<b>09</b> Simply Social 10—11.30am Simply Bumps 1—2pm	<b>10</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>11</b> IVF/Adoption/Foster Social group 10am—12noon	<b>12</b> Dads Group 10—11am Dads & Tots 11am—noon
<b>13</b> <b>Baby Massage 11am—12noon</b>	<b>14</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>15</b> <b>Baby Yoga 10.30—11.30am</b> Pregnancy Yoga 12.30—1.30pm	<b>16</b> Simply Social 10—11.30am Simply Bumps 1—2pm	<b>17</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>18</b> Busy Parents Class 9.30am—10.30am	<b>19</b> Dads Group 10—11am Dads & Tots 11am—noon
<b>20</b> <b>Park 'n' Shop—all day</b>	<b>21</b> <b>Messy Play</b> 10am—12 noon	<b>22</b> <b>Baby Yoga 10.30—11.30am</b> Pregnancy Yoga 12.30—1.30pm	<b>23</b> Simply Social 10—11.30am Simply Bumps 1—2pm	<b>24</b> <b>Messy Play</b> 0-14mths : 10—12 noon 14mths+ : 2pm-4pm	<b>25</b> Busy Parents Class 9.30am—10.30am IVF/Adoption/Foster Social group 10am—12noon	<b>26</b> Dads Group 10—11am Dads & Tots 11am—noon
<b>27</b> <b>Baby Massage 11am—12noon</b>	<b>28</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>29</b> <b>Baby Yoga 10.30—11.30am</b>	<b>30</b> Simply Social 10—11.30am Simply Bumps 1—2pm	<b>31</b>  <b>Walkers 9.30—10.30am</b> Newborn 10.30-11.30am R&S 10.30am-11.30am C&C 11.30am—12.30pm	<b>01 August</b> Busy Parents Class 9.30am—10.30am	<b>02 August</b>